

Age Friendly Communities:
*Supporting Aging at Home and Across the
Continuum of Care*



Ontario Gerontology
Association

2009
CONFERENCE

*Hosted in partnership
with:*



*Regional Geriatric
Programs of Ontario*

28th Annual
OGA Conference



Thursday Evening April 30th
&
Friday May 1st, 2009

Crowne Plaza Hotel, Don Valley
1250 Eglinton Avenue East
Toronto, Ontario

WELCOME

It's our pleasure to invite you to join us for what promises to be an exceptional conference, complete with outstanding speakers, special events and most of all, the opportunity to make connections.

Our conference theme this year-**Age Friendly Communities: Supporting Aging at Home and Across the Continuum of Care** - extends its focus to older adults living at home, in the community, and in institutional settings. We will hear from the LHINs in a special forum that speaks to solutions for healthy living, and from a panel discussing WHO's initiative to promote Age Friendly Communities. In addition, numerous workshops and papers will address transitions and adaptation; age friendly hospitals; knowledge transfer and best practices; elder abuse; caregiving, and more.

Whether it is sharing new approaches, working together on common challenges or developing new tools, conference participants will be engaged in new ways to provide clients with better care.

We look forward to seeing you at the conference!

Marlene Awad
President, Ontario Gerontology Association

Dr. John Puxty
Chair, Regional Geriatric Programs of Ontario



**Ontario Gerontology Association/
Ontarienne de G erontologie**

The OGA is committed to working with all stakeholders to improve the quality of life for older adults by advancing the teaching, learning and practice of gerontology in the province.

An associate of the Canadian Association of Gerontology/Association Canadienne de G erontologie

Web: www.gerontario.org



**REGIONAL GERIATRIC
PROGRAMS OF ONTARIO**

Regional Geriatric Programs (RGPs) provide a comprehensive range of specialized geriatric services. Interdisciplinary teams assess and treat functional, medical and psychosocial aspects of illness and disability in older adults who have multiple and complex needs. Working in collaboration with primary care physicians, community health professionals and others, we seek to meet the needs of the most frail and vulnerable seniors.

Web: www.rgps.on.ca

Conference at-a-Glance

Thursday April 30, 2009	
5:00 P.M. – 8:00 P.M.	Conference Registration Opens
6:00 P.M. – 6:30 P.M.	OGA/AOG 28 th Annual Meeting
6:00 P.M. – 7:00 P.M.	Reception, Networking
7:00 P.M. – 8:30 P.M.	SPECIAL FORUM: Ontario Aging at Home Strategy and LHIN Solutions for Healthy Independent Living: A Progress Report
Friday May 1, 2009	
7:30 A.M. – 1:30 P.M.	Conference Registration Opens Continental Breakfast, Exhibitors' Marketplace & Networking
8:30 A.M. – 8:45 A.M.	Opening Remarks
8:45 A.M. – 9:45 A.M.	KEYNOTE ADDRESS: GRCO LECTURE <i>Dr. Butler – THE LONGEVITY REVOLUTION</i>
9:45 A.M. – 10:15 A.M.	Refreshment Break, Exhibitors' Marketplace & Networking
10:15 A.M. – 11:15 A.M.	CONCURRENT SESSIONS A1 – A7
11:30 A.M. – 12:30 P.M.	CONCURRENT SESSIONS B1 – B7
12:30 P.M. – 1:30 P.M.	Lunch Exhibitors' Marketplace & Networking
1:30 P.M. – 2:30 P.M.	CONCURRENT SESSIONS C1 – C7
2:30 P.M. – 2:45 P.M.	Refreshment Break, Exhibitors' Marketplace & Networking
2:45 P.M. – 3:45 P.M.	AFTERNOON PLENARY SESSION: "Age Friendly Communities: Contributing to Aging at Home and Positive Aging"
3:45 P.M. – 4:00 P.M.	Closing Remarks

For the most up-to-date information about the conference check www.gerontario.ca

Conference Program

Thursday April 30, 2009

6:00 P.M. – 6:30 P.M. **OGA/AOG 28th Annual Meeting**

****All OGA members are invited to attend****

6:00 P.M. – 7:00 P.M. Reception, Networking

7:00 P.M. – 8:30 P.M. **SPECIAL FORUM:**

Ontario Aging at Home Strategy and LHIN Solutions for Healthy Independent Living: A Progress Report

Ontario's Aging at Home Strategy was presented as a major initiative of the Government to recognize the growing numbers of older people and to support the opportunity for greater numbers of older people to live independently. The Local Health Integration Networks (LHIN's) are responsible for promoting this Strategy.

This session examines the progress made on the Aging at Home Strategy. It will begin with an update on the Government's Policy and Strategy and highlight the importance of the LHINs in the development of the new directions of health care delivery. Representatives of the LHINs will provide an overview on approaches to advancing the Aging at Home Strategy. Specific examples of projects that have succeeded in supporting the Strategy will be described.

OPENING REMARKS:

The Honourable David Caplan, Minister of Health and Long-Term Care for Ontario (invited)



FORUM SPEAKERS



Adalsteinn Brown, Assistant Deputy Minister - Health System Strategy Division, Ministry of Health and Long-Term Care



Lynn Huizer
Integration and Planning Consultant and Aging at Home Lead, North Simcoe Muskoka LHIN



Ken Deane, Assistant Deputy Minister, Health System Accountability and Performance Division, Ministry of Health & Long Term Care



Mimi Lowi-Young
Chief Executive Officer, Central West LHIN



Dr. Robert Cushman, MD
Chief Executive Officer, Champlain LHIN



Joe Mc Reynolds
Chair, Central West LHIN



Panel Moderator: Cal Martel, Director, Regional Geriatric Program of Eastern Ontario

Conference Program

Friday May 1, 2009

7:30 A.M. – 1:30 P.M.

Conference Registration Opens

Continental Breakfast, Exhibitors' Marketplace & Networking

8:30 A.M. – 8:45 A.M.

Opening Remarks



The Honourable Aileen Carroll, Minister of Culture & Minister Responsible for Seniors (invited)

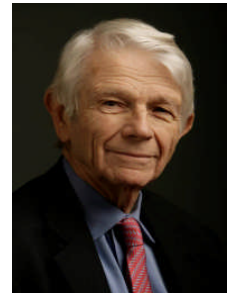
8:45 A.M. – 9:45 A.M.

18th Annual GRCO Bayne-Galloway Lecture

Keynote Speaker: Dr. Robert Butler

“THE LONGEVITY REVOLUTION”

The developed world gained an unprecedented thirty additional years of life in the 20th century. The cultural, political, social-economic and medical implications will be discussed.



Butler, M.D., President and CEO of the International Longevity Center- USA and author of *The Longevity Revolution: The Benefits and Challenges of Living a Long Life* (Public Affairs, March 2008).

Physician, Gerontologist, and Psychiatrist, he is the author of *The Longevity Revolution: The Benefits and Challenges of Living a Long Life (2008)*. He is perhaps best known for his advocacy of the medical and social needs and rights of the elderly and his research on healthy aging and the dementias. He became the founding director of the National Institute on Aging of the National Institutes of Health in 1975. Then founded the Department of Geriatrics and Adult Development at The Mount Sinai Medical Center, the first department of geriatrics and Adult Development in a U.S. medical school and in 1990, founded the International Longevity Center.

In 1976 Dr. Butler won the Pulitzer Prize for his book *Why Survive? Being Old in America*. He is co-author (with Dr. Myrna I. Lewis) of the books *Aging and Mental Health* and *Love and Sex After 60*.

NOTE: Dr. Butler will be available to sign copies of his book, which are available for purchase through the OGA or at the conference.

The annual GRCO Bayne-Galloway Lecture was initiated to bring the work of internationally recognized researchers to practitioners and the academic community in Ontario

9:45 A.M. – 10:15 A.M.

Refreshment Break, Exhibitors' Marketplace & Networking



CONCURRENT SESSIONS AI-A7

10:15 A.M. – 11:15 A.M.

AI TRANSITIONS & ADAPTATIONS FOR PERSONS IN CARE

Challenges In Adaptation To Receiving Long Term Care

Catherine Bain, Geriatric Mental Health Outreach Nurse, St. Joseph's Health Centre, Toronto

This paper will provide an overview of how consultation can enhance and clarify care needs of patients, family and staff in LTC. Preliminary findings based on interviews conducted with patients, family members and staff in LTC will be reviewed.

Key Perceptions, Processes, and Patterns of Response to Relocation Decision Among Persons with Dementia

Faranak Aminzadeh, Advanced Practice Nurse, Regional Geriatric Program of Eastern Ontario, Ottawa

This paper explores the key perceptions, motives, and processes shaping the relocation decision, the main patterns of participation in decision making, and the emotional responses of persons with dementia at the critical point of relocation to a retirement residence.

A2 SENIOR FRIENDLY HOSPITALS

A Friendly To Seniors Hospital: A Cure For Ageism In Elder Care

Beverly McClelland, Toronto Seniors' Council

Developed by the Toronto Seniors Council, this Friendly to Seniors project provides leadership and education necessary to support positive attitudes about aging and encourages the involvement of older adults in all aspects of community life. The program components include a physical environment assessment for safety and accessibility. Interactive staff workshops cover topics such as age discrimination, elder abuse awareness, the challenges of aging and their impact, and resources for better communication. We have worked with both businesses and community organizations. A recent focus has been on senior friendly hospitals. Train the trainer workshops provide staff and senior volunteers with the skills to offer in-house orientation and ongoing education.

Senior Friendly Hospital Toolkit

David Patrick Ryan, Director of Education and Knowledge Processes, RGP, Toronto

Marlene Awad, Director, Administration & Information Management, RGP, Toronto

This presentation will provide an overview of the Regional Geriatric Programs (RGP's) of Ontario's Senior Friendly Hospital Framework and Online Knowledge to Practice Toolkit, which contains 1) practical instruments, guidelines, templates, self directed learning resources, and policies; 2) summaries of the evidence supporting the materials; 3) a searchable database; and 4) social networking facilities to allow users to share and discuss their senior friendly hospital experiences.

A3 KNOWLEDGE TRANSFER AND EXCHANGE

Knowledge Transfer in Age-Friendly Communities

Megan Harris, Knowledge Transfer and Exchange Associate, Alzheimer Knowledge Exchange
Elizabeth Lusk, Knowledge Broker, Senior's Health Research Transfer Network

This session will provide an overview of how the Seniors Health Research Transfer Network (SHRTN) supports age friendly communities through knowledge transfer and evidence informed decision making, including a case study. By the end of this session, participants will understand the opportunities for knowledge exchange and transfer within the context of Age Friendly Communities.

Developing the Capacity and Knowledge to Support the Aging at Home Strategy in the Home Care Setting

Robin Hurst, Advanced Practice Consultant-Seniors, Saint Elizabeth Health Care, Markham
Sharon Penrose, Clinical Educator/Nurse Continence Advisor, Saint Elizabeth Health Care, Markham

The Aging at Home Strategy assumes that professional caregivers have the additional training required to support clients and their families diagnosed with dementia. This presentation will examine the strategies a home care agency used to respond to the educational needs of professional staff caring for clients and their families diagnosed with dementia, including the development of an evidence-based assessment tool and knowledge transfer strategies.

A4 ELDER ABUSE POLICIES AND INTERVENTIONS

Age Friendly Abuse Interventions: Police and Community Partners

Tammy Rankin, Education/Consultant, Compassionate Aging, Bowmanville
Detective John Keating, Senior Support Coordinator, Victim Service Unit, Durham Regional Police

Elder Abuse interventions that are age friendly depend on community partnerships. Case examples will demonstrate how partnerships are required to address elder abuse in both care settings and the community. Participants will be able to identify community partners necessary to involve, implement practical intervention strategies to assist and support older adults who are abused and identify obstacles to sharing information with consideration of privacy legislation that allow us to communicate with one another.

Prevention of Elder Abuse Policy, Program and Practice Lens

Gerda Kaegi, Co-Chair, Elder Health Coalition, Toronto
Elizabeth Esteves, Manager Policy Initiatives, Ontario Seniors' Secretariat

The Prevention of Elder Abuse Policy and Program Lens is an analytical framework to assess policies, programs and practices from the perspective of preventing and responding to elder abuse. The presentation outlines the purpose of the Policy Lens, provides the conceptual framework for its development, and explains the basis for the questions that are used for the analysis.



A5 BEST PRACTICE GUIDELINES

Development of an Interprofessional Geriatric Consult Team

Di Wang, Geriatric Pharmacy Specialist; Jennifer Carr, Occupational Therapist, & Rebecca Ramsden, Mount Sinai Hospital, Joseph and Wolf Lebovic Health Complex

This presentation will highlight the stages of development of an inpatient, inter-professional geriatric consult team at an urban acute care academic hospital. The goal of this team is to provide a sustainable, effective service that can support and enhance patient care, as well as education and research activities. The needs assessments and pilot program will be discussed.

Mental Health in LTC: Participatory Implementation of Guidelines

*Lisa Sokoloff, Interprofessional Team Coach & Project Coordinator, Baycrest, Toronto
Maria Huijbregts, Director, Quality, Risk and Patient Safety, Baycrest*

Participants will learn about Participatory Action, its application for guideline implementation and improving quality of care. Key factors for success and lessons learned will be modeled and shared. This workshop is being presented on behalf of the Mental Health Guideline Implementation Project Team at Baycrest.

A6 DEPRESSION AND DEMENTIA: ASSISTING CAREGIVERS

Using the 3-A Grief Intervention Model to Assist Caregiver Spouses To Move Forward Through The Progression Of Dementia

Eleanor Silverberg, Social Worker, Alzheimer Society of York Region, Thornhill

This presentation provides an overview of the 3-A Grief Intervention Model for spousal dementia caregivers to address the barrier that the overlooked grief can play in providing care and assist spouses to feel supported, moving forward through the progression of Alzheimer's disease or a related disorder.

Caregiving Strategies for Depression in the Elderly: A Positive Outcome Case Study

Colleen O'Brien, Clinical Nurse Specialist Geriatrics, Queensway Carleton Hospital, Ottawa

Depression in the elderly client adversely affects function and outcomes and is associated with high mortality and morbidity and increased length of hospital stay. Depression is under-recognized and under-treated in clinical settings. This case study describes the experience of one elderly client in the Rehabilitation Unit in a community hospital.

A7

**PART I- SPECIAL WORKSHOP
ONTARIO AGE FRIENDLY COMMUNITIES INITIATIVE**

Murray Alzheimer Research and Education Program and the Alzheimer Society of Ontario

Leah Sadler, Associate Director, Education, MAREP, University of Waterloo

Jennifer Gillies, MAREP, Research Assistant, University of Waterloo

The toolkit is based upon six guiding principles and three building blocks which form the basis of any age friendly community. The toolkit is designed to provide communities with tools and resources to enable them to identify area of strength and improvement to enable older adults to continue to be engaged in meaningful ways. An interactive, adult learning approach will be utilized in presenting the toolkit.

**CONCURRENT SESSIONS BI-B7
11:30 A.M. – 12:30 P.M.**

BI AGING AT HOME- PROMOTING SENIORS INDEPENDENCE

Seniors Managing Independent Living Easily (SMILE)

Lori Cooper, Site Manager, VON Canada, Trenton

Michelle Ogden, Affordable Housing Supervisor, Social Services Department, County of Hastings

SMILE is a South-eastern LHIN wide Aging at Home Program providing care packages based on individualized budgets to support frail seniors with Instrumental Activities of Daily Living (IADL) needs. This presentation will focus on the development and implementation of the program.

Seniors Independence Program

Edith Chen, Jennifer Thomas, Sara Bartle, & Angela Lam, Care Coordinators, Toronto Central Community Care Access Centre, Toronto

Seniors Independence Program is supported by the Toronto Central LHIN as part of the Aging at Home Strategy. It is designed to focus on seniors “at-risk” of a long term care admission with the intent of filling the service gap to ensure the seniors can remain safely at home. The paper will highlight the program processes, tools and outcomes through the use of case studies.

B2 MONITORING CLIENTS THOROUGH TECHONOLOGY AND PRACTICE

Remote Access to Care Technology (Re-ACT)

Sue Kelly, Director of Health & Wellness, We Care Health Services, Toronto

Sara Jost, Healthanywhere, Toronto

Re-ACT is an eHealth service delivery model for seniors living with chronic diseases, whereby they are able to conduct biometric screening measurements (blood glucose, blood pressure & pluse, blood oxygen and weight) in the comfort of their own home. The presentation will demonstrate how eHealth overcomes geographic and human health resource barriers to accessing health care and demonstrate one means of sustaining seniors in their own homes.



Community-Led Program Integrated with Primary Care

Larry Chambers, President and Chief Scientist, Élisabeth-Bruyère Research Institute, Vice-President, Research for Bruyère Continuing Care

Lisa Dolovich, Research Director & Associate Professor, Dept of Family Medicine, McMaster University, Scientist & Associate Director, Centre for Evaluation of Medicines

In the Cardiovascular Health Awareness Program (CHAP) in communities across Ontario, older adult volunteers are empowered by local lead organizations including home care agencies, recreation centres, hospitals, and health centres, to assist older adults with risk monitoring, follow-up, education and referral to local programs. Linking at risk participants with their family physicians, pharmacists and community resources has the potential to decrease community morbidity and mortality from chronic disease.

B3 COLLABORATIVE CARE TEAMS

Integrating Geriatric Outreach into Family Medicine

Kimberley Hoskin, Primary Health Care Nurse Practitioner Outreach, Trillium Health Centre, Seniors Mental Health Outreach, Mississauga

Dr. Graham Swanson, MD., CCFP, FCFP, Member of Caroline Family Health Team

The Caroline Family Health Team built on their existing practice of home visits by including a Nurse Practitioner to assess and treat older clients to improve quality of life and avoid unnecessary hospitalization for this population. This presentation will highlight Canadian and international research findings, scope and role of the Primary Health Care Nurse Practitioners in the changing pool of health care providers and provide an overview of the Caroline FHT approach including outcomes, challenges and lessons learned.

Enabling Collaborative Care Teams to Support Frail High Risk Seniors in the Community

Dipti Purbhoo, Director, Client Services - Community Care Coordination, Toronto Central CCAC, Toronto

The Toronto Central Community Care Access Centre is developing a model that involves Collaborative Care Teams wrapped around key neighbourhoods to support high risk frail Local Family Health Teams and Community Health Centres would act as a focal point for the teams, which would also draw on partners from across the care continuum. The goals for the model will be to support high risk frail seniors to remain at home for as long as possible delaying Long Term Care admission, preventing hospitalizations and ER visits, strengthening community linkages and enhancing client and caregiver satisfaction and involvement with their care.

B4 SUPPORTIVE PROGRAMS FOR CAREGIVERS

Supporting Family Caregivers

Faye Porter, National Project Coordinator, J.W. McConnell Family Foundation, Cardinal

Care Renewal: Reaching Out to Caregivers, focuses on advancing support for family caregivers whether through policy development or in the practice setting. This initiative has a specific goal to affect systems change. By committing to caregivers as full partners and supporting their needs at all levels, this initiative will enhance their quality of life by bringing caregivers respite through rest, relief and renewal.



Unravelling the Impact of Care Work of Visiting Home Care Workers

Margaret Denton, Professor, McMaster University, Hamilton

The relationship of care work to the mental health of visiting home care workers is complex. This paper seeks to unravel the impact of organizational support and care work on the mental health of visiting home care workers.

B5 HOSPITAL AVOIDANCE

An Integrated Geriatric Emergency Management Program

Laura Wilding, Advanced Practice Nurse, GEM, The Ottawa Hospital, Ottawa

Dr. William Dalziel, Medical Director, Regional Geriatric Program of Eastern Ontario, Ottawa

This paper presents the Geriatric Emergency Management Program outcomes, expansion and regional adaptation, illustrating a proactive approach to supporting seniors to remain safe and independent at home.

Senior-Friendly Acute Care: An Emergency Department Assessment

Mary Lou Kelley, Professor, School of Social Work & Northern Ontario School of Medicine;

Director, Centre for Education and Research on Aging and Health (CERAH), Lakehead University

Nancy Jokinen, Post Doctorate Fellowship, Centre for Education and Research on Aging and Health, Lakehead University, Thunder Bay

This paper reports the results of an emergency department environmental scan that was conducted to assess hospital staff and clients experience of giving and receiving services to seniors aged 75+.

B6 WORKSHOP

HEALTH CARE CONSENT AND ADVANCE CARE PLANNING - DOING IT RIGHT!

Judith Wahl, Executive Director, Advocacy Centre for the Elderly, Toronto

Organizations that deliver health services frequently have policies about health care consent and advance care planning. At times the policies can restrict patient rights and do not reflect Ontario Law in respect to consent. This places both patients and health providers at jeopardy. This workshop will be a discussion of health decision making- including health consent and advance care planning what is in Ontario law and what should be reflected in policies on this issue. The session includes actual case scenarios and detailed handouts will provide participants with the tools to review and redraft their own policies for any settings/services that deliver or arrange for health services.

B7

**PART 2- SPECIAL WORKSHOP
ONTARIO AGE FRIENDLY COMMUNITIES INITIATIVE**

Murray Alzheimer Research and Education Program and the Alzheimer Society of Ontario

Leah Sadler, Associate Director, Education, MAREP, University of Waterloo

Jennifer Gillies, MAREP, Research Assistant, University of Waterloo

The toolkit is based upon six guiding principles and three building blocks which form the basis of any age friendly community. The toolkit is designed to provide communities with tools and resources to enable them to identify area of strength and improvement to enable older adults to continue to be engaged in meaningful ways. An interactive, adult learning approach will be utilized in presenting the toolkit.

12:30 P.M. – 1:30 P.M.

NETWORKING LUNCH, EXHIBITORS' MARKETPLACE

CONCURRENT SESSIONS CI-C7

1:30 P.M. – 2:30 P.M.

CI SUPPORTIVE HOUSING FOR SENIORS

West Toronto Support Services for Seniors - Silver Circle - Supportive Housing

Radosna Bijukovic, Executive Director, & Jennifer Cabral, Case Coordinator

West Toronto Support Services for Seniors, Toronto

West Toronto Support Services for Seniors "Silver Circle " Supportive Housing initiative delivers multidisciplinary services with the goal of promoting safe and independent living, and a sense of community to its seniors - an Age Friendly Community.

Evaluating Senior Supportive Housing in Ontario

Carolyn Steele Gray, Doctorate Student, University of Toronto, Toronto

Dr. Janet Lum, Ryerson University, Toronto

This presentation overviews a proposed evaluative framework for senior supportive housing programs in Ontario. The evaluative framework is a performance measurement tool that seeks to improve quality performance, identify quality standards and best-practices, and improve accountability for senior supportive housing in Ontario. The framework draws on the current performance measurement literature and a case study from Australia. The framework is a first-step towards developing a comprehensive performance measurement framework that will be applicable within and across LHINs.

C2 LTC AND HOSPITALS: TRANSFORMING TO SENIOR FRIENDLY

With Imagination, Your Hospital Can Rock and Roll to the Seniors' Beat

Jane Rufrano, Chief Executive Officer, & Karen Tribble, Vice-President Clinical Services,

Hotel Hotel Dieu Shaver Health and Rehabilitation Centre, St. Catharines

The Hotel Dieu Shaver, a Complex Continuing Care and Rehabilitation Hospital in partnership with the local community has transformed itself from Senior Neutral to a Senior Friendly facility.



Effectively Navigating the Labryrinth for Mood and Behaviour Symptoms in LTC: Part 2

Ann Jarvie, Clinical Nurse Specialist, & Cheryl McDonald, Occupational Therapist

Regional Geriatric Program, St. Joseph's Health Care London - Parkwood Hospital, London

The Specialized Geriatrics Services of Southwestern Ontario (SGS) will be developing resources that will assist staff in LTC to evaluate and manage residents' symptoms. These resources will be based on the National Guidelines for Seniors' Mental Health: The Assessment and Treatment of Mental health Issues in Long Term Care Homes, 2006. Preliminary qualitative analysis of focus group data information will be shared as well as share next steps.

C3 TRAINING STAFF FOR ELDER CARE

The Hospitalized Older Person Education Curriculum H.O.P.E.

Mireille Norris, Sunnybrook Heath Sciences Centre, Toronto

This presentation will address the development of a geriatric curriculum for physician trainees within a Hospitalist Training Program. The evidenced-based program will be discussed from a research and quality improvement perspective which includes the study methodology, results and success outcomes associated with the initial implementation. Ongoing initiatives for program development will be shared to demonstrate how to sustain the ongoing knowledge, skills, and attitude development of physicians caring for hospitalized seniors.

Awakening of The Geriatric Giants: A Quality Improvement Initiative For Hospitalized Older Adults on Acute Medical Units

Linda Anderson, Specialty Practitioner, Sunnybrook Health Sciences Centre, Toronto

Nadia Abdel-Hafez, Occupational Therapist, Sunnybrook Health Sciences Centre, Toronto

This presentation will address a quality improvement initiative for the redesigning, educating and implementation of an admission geriatric screening tool called SPPICES. The methodology, results and initial outcomes will be discussed. Information will be shared on the successes, challenges and ongoing project initiatives to sustain new practice behaviors associated with the screening of complications associated with older adults who are hospitalized.

C4 AGING IN PLACE – INNOVATIVE SERVICE DELIVERY MODELS

Responding To Unmet Needs Of The Aging Homeless: Partnering To Deliver Health Care And Supportive Housing Services To The Older Homeless And Marginalized Population In Downtown Toronto

Pamela Nir, Client Service Manager, Toronto Central CCAC, Toronto Central CCAC, Mississauga

Patricia Mueller, Executive Director, Home First Society, Toronto

The objective of the Marginalized Access Partnership (MAP) is to introduce and pilot a new service delivery model using inter-professional care teams that bring comprehensive health care and supportive housing services to marginalized seniors living in shelter and alternative housing sites.



Aging in Place. Community Agencies Supporting Seniors

Fiona Wall, & Sharon Irwin, Case Managers, Champlain Community Care Access Centre, Ottawa

Learn how a partnership of health and community support agencies reduced hospital admissions and emergency room visits by providing enhanced services to support Ottawa seniors.

C5 POSITIVE AGING TOOLS TO IMPROVE SENIOR CARE

SeniorWise - Promoting an Organizational Culture Change to Become Age Friendly

Hilary Siurna, SeniorWise Project Coordinator, & Joanne Neunie, Organizational Learning Specialist, Toronto East General Hospital, Toronto

A proactive approach to meeting the needs of the growing aging population, a focus needs to be placed on increasing the knowledge of health care staff to meet the unique needs of seniors. We have developed awareness training for all staff to promote healthy aging and increase awareness.

Use of Best Practice Guidelines for Seniors in the Community

Heather Thompson, Long Term Care Best Practice Guideline Coordinator North East Region, Registered Nurses Association of Ontario (RNAO), Sault Ste. Marie

Janet Evans, Long Term Care Best Practice Guideline Coordinator East Region, RNAO, Ottawa

The Best Practice Guidelines are tools to help caregivers ensure consistent care for their clients. This session presents ideas about how the RNAO's Best Practice Guidelines could work in the community settings.

C6 FALLS PREVENTION

Effectiveness Of Multifaceted Fall-Prevention Programs

Judith Kwok, Research Assistant, St. Michael's Hospital/University of Toronto, Thornhill

Presentation of paper published in Injury Prevention, April 2008 on the effectiveness of multifaceted fall-prevention programs for the elderly living in residential care.

Helping Older Persons to Return Home: A Hip Fracture Model of Care

Janet Legge McMullan, Project Manager, Sunnybrook Health Sciences Centre, Holland Orthopaedic & Arthritic Centre, Bone & Joint Health Network, Ajax

Dr. John Flannery, Medical Director, Musculoskeletal Program, Toronto Rehab

An integrated model of care is helping people return home following a hip fracture. Building on the model's successes, a provincial initiative is being implemented across Ontario.

C7 WORKSHOP: SCREENING FOR DEMENTIA: WASTEFUL OR WORTHWHILE??

Dr. Bill Dalziel, Medical Director, Regional Geriatric Program of Eastern Ontario, Ottawa

This workshop will cover the pros and cons of screening in the general elderly population, how to create a high risk population, how to screen for cognitive impairment and how to select an approach for further cognitive assessment.

2:30 P.M. - 2:45 P.M. Refreshment Break, Exhibitor's Marketplace & Networking

AFTERNOON PLENARY SESSION 2:45 P.M. – 3:45 P.M.

AGE FRIENDLY COMMUNITIES: SUPPORTING INDEPENDENT LIVING AT THE COMMUNITY LEVEL

Aging at Home is an important and positive goal. But to achieve it, the communities we live in must be aware of and responsive to, the needs of older people. The session begins with an overview of the WHO initiative to promote Age Friendly Communities, examines initiatives across Canada and provides information on how cities and towns are promoting this goal through specific initiatives.

SPEAKERS

“INTERNATIONAL AGE FRIENDLY INITIATIVES ACROSS CANADA”



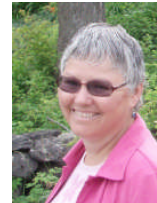
Jim Hamilton, Special Advisor to the Public Health Agency of Canada, on Healthy Aging and Age-Friendly Communities

Mr. Hamilton will outline the WHO international initiative and provide examples of making communities Age Friendly, from across Canada.

“SUCCESSFUL AGE FRIENDLY COMMUNITY INITIATIVES”



Dr. Margaret Denton
Director, McMaster Centre for Gerontological Studies, Graduate Chair, Department of Health, Aging and Society, Professor, Department of Health, Aging and Society & Department of Sociology



Debbie Christie
Executive Director,
Hamilton Council
on Aging

This presentation will outline the process by which the key players in the community were brought together to develop and manage this major initiative to make Hamilton an Age Friendly community.

Liz Root, Project Director, Regent Park Revitalization

Ms. Root will explain the steps taken at Regent Park, Toronto, to make this community Age Friendly.

Moderator: Joe Bornstein, Vice-President OGA

CLOSING REMARKS 3:45 P.M. – 4:00 P.M.

ONTARIO AGE FRIENDLY COMMUNITIES INITIATIVE: SPECIAL WORKSHOP

Friday May 1st – Concurrent Sessions A7 & B7

The Murray Alzheimer Research and Education Program (MAREP) and the Alzheimer Society of Ontario (ASO) have partnered together on an Ontario Age Friendly Communities Initiative building on the Planning Framework and tool-kit created by the Roundtable on Future Planning for Alzheimer’s Disease and Related Dementias. Guided by a number of age friendly and healthy community models, a diverse group of community partners is working to develop an **age friendly community’s toolkit**. This toolkit is based upon six guiding principles and three building blocks which form the basis for any age friendly community. The toolkit is designed to provide communities with tools and resources to enable them to identify areas of strength and areas of improvement when it comes to building communities that enable older adults to continue to be engaged in their communities and live in meaningful ways throughout their lives.

With the increasing older adult population, communities are aging. Are our community’s ready to support an aging population? Is there more that community’s can do that will allow an older adult with complex physical and

mental health needs to live successfully in their community with appropriate support? How does a community begin to identify the needs of their community members including those older adults who may have more complex health needs that cause them to be at a great risk for social isolation and exclusion?

Target Audience:

This framework has implications for a broad audience and a variety of community sectors that work with or provide services for older adults including those working in:

- healthcare, social and emergency services
- housing
- transportation
- recreation/leisure programs or services
- municipal programs and services
- community planning (municipal, for profit and not for profit)
- areas of employment or volunteer recruitment of older adults
- direct consumer service providers
- local community networks (LHIN’s, dementia networks, senior service networks)

OGA BOARD OF DIRECTORS

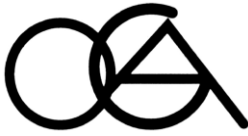
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CONFERENCE COMMITTEE MEMBERS

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 Raeann Rideout, Ontario Network for the Prevention of Elder Abuse, Peterborough



Ontario Gerontology Association ontarienne de gérontologie
An Associate of the Canadian Association on Gerontology

351 Christie Street, Suite C216; Toronto ON M6G 3C3
Phone: 416/535/6034 Fax: 416/535/6907
www.gerontario.org Email: info@gerontario.org

Membership Application

Name

Organization/Employer

Occupation

Address-Work

Address- Home

City

Province

Postal Code

Phone-Work ()

ext

Email

Home Phone ()

Membership Categories

- Senior \$ 25.00
- Individual \$ 55.00
- Full-time student \$ 25.00
- Business, industry \$350.00
(for profit)
- Not for profit organization \$100.00

Donation \$ _____

Total: \$ _____

Annual Membership Fees:

Send cheque or money order, payable to: The Ontario Gerontology Association

Please enclose a cheque or VISA information with your application

VISA # _____

Expiry date ___/___

Fees and donations are GST exempt (Registration #119248698))

***Working together to improve the quality of life of older people through research, education,
information exchange and advocacy***



AGE FRIENDLY COMMUNITIES:

Supporting Aging at Home and Across the Continuum of Care



April 30 - May 1, 2009 / Crowne Plaza Hotel, Toronto, Ontario

Registration Form

First Name: _____ Last Name: _____

Organization: _____ Position: _____

Email Address: _____ Phone Number: _____

Mailing Address: _____ Postal Code: _____

City: _____ Province: _____

Are you a member of the OGA: Yes No

If no, would you like to join the OGA and benefit from member discounts, including savings on conference registration fees? Yes No

For membership information, see OGA web site: www.gerontario.org or email: info@gerontario.org

Are you a member of the RGP: Yes No

Conference

Please select one of the following:

I am registering for the: Full Conference Friday Only Thursday Evening Only

Please indicate any dietary restrictions: _____

Full Conference: Thursday: Evening Forum, refreshments prior to the Forum
Friday: Conference sessions, breakfast and lunch, access to 'Trade Show' Exhibits, conference bag and conference program.

Friday Only: Friday Conference sessions, breakfast and lunch, 'trade show' exhibits, conference bag, and conference program.

Thursday Only: Thursday evening Forum, refreshments prior to the Forum, and copy of conference program.

If attending the Full or Friday conference, please note your preferred sessions.

I would like to attend the following concurrent sessions (see website for choices):

Session A: 1st Choice _____
(10:25 am - 11:15 am)

Session B: 1st Choice _____
(11:30 am - 12:30 pm)

Session C: 1st Choice _____
(1:30 pm - 2:30 am)

The Conference Keynote speaker, Pulitzer Prize winning author **Dr. Robert Butler**, will be available to sign copies of his new book *The Longevity Revolution*. See below to order.

OGA CONFERENCE REGISTRATION FORM

Pricing Information (Includes GST)

**Please circle ONE of the following:	Before: March 28 th 2009			After: March 28 th 2009		
	Full Conference	Friday Only	Thursday Only	Full Conference	Friday Only	Thursday Only
OGA Member						
Regular	\$260	\$230	\$70	\$295	\$255	\$80
Senior	\$145	\$125	\$70	\$180	\$150	\$80
Student	\$145	\$125	\$70	\$180	\$150	\$80
Non Member						
Regular	\$330	\$290	\$75	\$365	\$315	\$85
Senior	\$180	\$155	\$75	\$215	\$180	\$85
Student	\$180	\$155	\$75	\$215	\$180	\$85

* Note: a partial registration subsidy is available for students presenting at the conference; please contact the OGA office for details.

If you would like to order **Dr. Butler's** book at the discounted price of \$25 please indicate here and add this amount to your payment.

Payment Method: Cheque Visa **TOTAL:** _____

Card Holders Name: _____

Card Number: _____ Exp: _____

Signature: _____

Please **MAIL** your *completed Registration Form and Cheque* payable to:

Ontario Gerontology Association
351 Christie St., Suite C216 Toronto ON M6G 3C3

or **FAX** your completed Registration Form with your VISA information to OGA office at (416) 535-6907

GST Charitable Registration No. 119248698

Continuing Education Credits: A Certificate of Attendance will be issued to all participants and may be used to obtain continuing educations credits.

Refund Policy: Cancellations received in writing will be accepted up to March 27, 2009 at 4:00pm, less an administration fee of \$60.00. Cancellations received after that date will not be refundable however, delegate substitutions are acceptable

Hotel Information: The conference will be held at the Crowne Plaza Toronto Don Valley, 1250 Eglinton Avenue East, Toronto.

Accommodations: Guest rooms are available at a special conference rate of \$129 until April 1st. Book directly with the hotel using the online passkey* or call (416-449-4111) and mention the OGA conference to obtain the special rate.

Parking: Parking is available at the hotel at a special delegate rate of \$8.00 per day

Driving Directions: *From QEW/Gardiner (Downtown):* Take Don Valley Parkway North, Exit at Eglinton Avenue East, stay in the right hand lane, exit at Wynford Drive, turn right at the lights, and pass underneath the bridge, through the next set of lights, the Hotel's entrance is on the left. *From HWY 401:* Take Don Valley Parkway South to Wynford Drive exit, turn left (East) onto Wynford Drive, turn right at the next set of lights, the Hotel's entrance is on the right.

*OGA is grateful for the support
of our sponsors of the
28TH ANNUAL CONFERENCE*



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